

K to 12 TECHNOLOGY AND LIVELIHOOD EDUCATION

**HOME ECONOMICS – BEAUTY CARE (NAIL CARE)  
(Exploratory)**

Content Standard	Performance Standard	Learning Competencies	Project/ Activities	Assessment	Duration
<b>LESSON 1: USE OF HANDTOOLS AND EQUIPMENT</b>					
<p><i>Demonstrate understanding of/on:</i></p> <ul style="list-style-type: none"> <li>• Preparing nail care tools and equipment</li> <li>• Identifying types and uses of tools</li> <li>• Discussing and demonstrating safe and unsafe conditions of tools</li> </ul>	<ol style="list-style-type: none"> <li>1. Tools and equipment are prepared based on salon procedure and policies.</li> <li>2. Tools and equipment are identified and checked according to task requirements.</li> </ol>	<p>LO1. Prepare the necessary tools and equipment for the specific nail care activity</p>	<ol style="list-style-type: none"> <li>1. Identification of different tools and equipment according to task requirement.</li> </ol>	<ul style="list-style-type: none"> <li>• Written examination</li> </ul>	<p>3 hours</p>
<ul style="list-style-type: none"> <li>• Using nail care tools and equipment</li> <li>• Implementing safety procedures in using tools and equipment</li> <li>• Using PPE</li> </ul>	<ol style="list-style-type: none"> <li>1. Tools and equipment are used according to task requirements.</li> <li>2. Safety procedures in using tools and equipment are observed.</li> <li>3. Sets of personal clothing equipment are used.</li> <li>4. Malfunctions and unplanned or unusual events are reported to the supervisor.</li> </ol>	<p>LO2. Use nail care tools and equipment</p>	<ol style="list-style-type: none"> <li>1. Demonstration</li> <li>2. Use of multimedia presentation during the discussion</li> <li>3. Group activities</li> </ol>	<ul style="list-style-type: none"> <li>• Written test</li> </ul>	<p>4 hours</p>

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<b>LESSON 2: MAINTENANCE OF TOOLS AND EQUIPMENT</b>					
<p><i>Demonstrate understanding of/on:</i></p> <ul style="list-style-type: none"> <li>Maintaining tools and equipment</li> <li>Classifying functional and non-functional tools and equipment</li> <li>Safekeeping and storing of tools and equipment</li> <li>Using PPE</li> </ul>	<ol style="list-style-type: none"> <li>Functional and non-functional tools and equipment are segregated and labeled according to classification.</li> <li>Safety of tools and equipment is observed in accordance with manufacturer's instructions</li> <li>Conditions of PPE are checked in accordance with manufacturer's instructions</li> </ol>	<p>LO1. Check condition of tools and equipment.</p>	<ol style="list-style-type: none"> <li>Lecture-demonstration on the proper handling and care of tools and equipment by the teacher.</li> <li>Practical application on the proper handling and care of tools through group activities</li> </ol>	<ul style="list-style-type: none"> <li>Oral questioning</li> <li>Written test</li> </ul>	<p>4 hours</p>
<ul style="list-style-type: none"> <li>Identifying tools and equipment (according to use)</li> <li>Performing preventive maintenance techniques and procedures</li> <li>Implementing OHS workplace regulations</li> </ul>	<ol style="list-style-type: none"> <li>Nail care tools and equipment are identified.</li> <li>Appropriate cleaning procedure of nail care tools and equipment are applied.</li> <li>Tools are cleaned according to standard procedures.</li> <li>Defective equipment and tools are inspected and replaced according to manufacturer's specification.</li> <li>Workplace is cleaned and kept in safe state in line with OHS regulations.</li> </ol>	<p>LO2. Perform basic preventive and corrective maintenance.</p>	<ol style="list-style-type: none"> <li>Practical demonstration of proper procedures learned.</li> </ol>	<ul style="list-style-type: none"> <li>Oral and written test</li> </ul>	<p>3 hours</p>

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<ul style="list-style-type: none"> <li>• Conducting an inventory of tools and equipment</li> <li>• Tools and equipment handling</li> <li>• Tool safekeeping/storage</li> </ul>	<ol style="list-style-type: none"> <li>1. Inventory of tools, instruments and equipment are conducted and recorded per salon practices.</li> <li>2. Tools and equipment are inspected and replaced after use.</li> <li>3. Tools and equipment are stored safely in accordance with manufacturer's specifications or salon procedure.</li> </ol>	<p>LO3. Store tools and equipment properly Prepare the necessary tools and equipment for the specific nail care activity.</p>	<ol style="list-style-type: none"> <li>1. Demonstration of the correct procedure learned.</li> <li>2. Group activity showing the inventory procedure in a simulated workplace.</li> </ol>	<ul style="list-style-type: none"> <li>• Practical examination</li> <li>• Oral and written tests.</li> </ul>	<p>4 hours</p>

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<b>LESSON 3: PRACTICING OCCUPATIONAL HEALTH AND SAFETY PROCEDURES</b>					
<p><i>Demonstrate understanding of/on:</i></p> <ul style="list-style-type: none"> <li>Identifying hazards and risks identification and control</li> <li>Observing organizational safety and health protocol</li> <li>Identifying Threshold limit value (TLV) OHS indicators                             <ul style="list-style-type: none"> <li>TLV table</li> </ul> </li> <li>Following OHS indicators</li> </ul>	<ol style="list-style-type: none"> <li>Work place hazards and risks are identified and clearly explained.</li> <li>Hazards/Risks and their corresponding indicators are identified in line with company procedures.</li> <li>Terms of maximum tolerable limits are identified based on threshold limit values (TLV)</li> <li>Contingency measures are recognized and established in accordance with organizational procedures.</li> </ol>	LO1. Identify hazards and risks.	<ol style="list-style-type: none"> <li>Group presentation - hazard recognition activity.</li> </ol>	<ul style="list-style-type: none"> <li>Written examination</li> </ul>	4 hours
<ul style="list-style-type: none"> <li>Classifying Philippine OHS Standards</li> <li>Identifying effects of hazards in the workplace</li> <li>Implementing Ergonomics in the classroom</li> <li>Following ECC Regulations</li> </ul>	<ol style="list-style-type: none"> <li>Effects of hazards are determined.</li> <li>OHS issues and concerns are identified in accordance with workplace requirements and relevant workplace OHS legislation.</li> </ol>	LO2. Evaluate hazards and risks	<ol style="list-style-type: none"> <li>Venn diagram activity.</li> <li>Group presentation – students’ demonstration on the effects of hazards in the workplace.</li> </ol>	<ul style="list-style-type: none"> <li>Written examination</li> </ul>	4 hours

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<p>Explaining through examples:</p> <ul style="list-style-type: none"> <li>• Safety regulations</li> <li>• Clean Air Act</li> <li>• Electrical and Fire Safety code</li> <li>• Waste disposal</li> <li>• Disaster Preparedness and Management</li> <li>• Contingency Measures and Procedures</li> <li>• PPE</li> </ul>	<ol style="list-style-type: none"> <li>1. OHS procedures for controlling hazards and risks are strictly followed.</li> <li>2. Procedures in dealing with workplace accidents, fire, and emergencies are observed in accordance with the organization’s OHS policies.</li> <li>3. Personal protective equipment is correctly used in accordance with organization’s OHS procedures and practices.</li> <li>4. Procedures in providing appropriate assistance in the event of workplace emergencies are identified in line with the established organizational protocol.</li> </ol>	<p>LO3. Control hazards and risks.</p>	<ol style="list-style-type: none"> <li>1. Group presentation on how to control and prevent hazards and risks.</li> <li>2. Picture collage of different types of waste/garbage and their proper disposal.</li> </ol>	<ul style="list-style-type: none"> <li>• Written test</li> </ul>	<p>4 hours</p>
<ul style="list-style-type: none"> <li>• Demonstrating operational health and safety procedures, practices, and regulations</li> <li>• Conducting emergency-related drills and training</li> </ul>	<ol style="list-style-type: none"> <li>1. Procedures in emergency related drill are strictly followed in line with the established organizational guidelines and procedures.</li> <li>2. OHS personal records are filled up in accordance with workplace requirements.</li> <li>3. PPE is maintained in line with organizational guidelines and procedures.</li> </ol>	<p>LO4. Maintain occupational health and safety awareness</p>	<ol style="list-style-type: none"> <li>1. Student demonstration depicting occupational health and safety practices</li> <li>2. Exit card</li> </ol>	<p>Written test Performance test</p>	<p>3 hours</p>

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<b>LESSON 4: INTERPRETING PLANS AND DRAWINGS</b>					
<i>Demonstrate understanding of/on:</i>					
<ul style="list-style-type: none"> <li>Structure, shapes and styles of nails</li> </ul>	1. Nail structure, shapes and style of nails are discussed and presented to students.	LO1. Identify nail structure, shapes, and styles	1. Using appropriate shapes for specific nail structure and style	Performance Test	1 hour
<ul style="list-style-type: none"> <li>Choice of appropriate nail style /design</li> </ul>	1. Different nail styles and designs are demonstrated on mock nails.	LO2. Create different nail art designs	1. Demonstrating selected nail style and design	Performance Test Written Test	6 hours
					<b>39 hours</b>